

# Transitions®

light under control®

## ARE YOU LIGHT SENSITIVE? TAKE THE QUIZ TO FIND OUT.

- 1 Every day I use a...  
cell phone, tablet, television... **YES / NO**
- 2 I spend at least three hours in front  
of a digital screen **YES / NO**
- 3 Sometimes my eye are...  
red/bloodshot, feel sore or tired **YES / NO**
- 4 Outside, when it's bright and sunny...  
my eyes feel uncomfortable or disturbed **YES / NO**

**YOU ANSWERED "YES" AT LEAST ONCE?  
DISCOVER TRANSITIONS...**

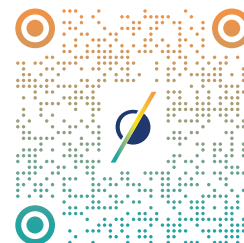
SCAN  
TO

**TEST YOUR  
LIGHT  
SENSITIVITY!**



SCAN  
TO

**CHOOSE YOUR  
STYLE AND  
YOUR COLOUR!**



[transitions.com](https://www.transitions.com)